



Chapter 11 Travel, Conferences and Meetings

Subrecipients must comply with all applicable laws, regulations, policies and official [DOJ Guidance](#) (for programs receiving VOCA, FVPSA STOP VAWA or SASP funds). This includes abiding by the [State of Iowa travel policies](#). Those traveling should pay close attention to rules regarding food and beverage purchases.

There are rules and forms regarding travel/training and the reimbursement of expenses for both in-state and out-of-state travel. See [Chapter II Post-award Requirements, Claims for Reimbursement, Expense Summary Forms](#).

In-State Travel for Conferences/Trainings

[Registration Fees](#)

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If in state travel expenses are included in a program's approved budget, programs do not need to ask prior permission to attend in state conferences, trainings, workshops or meetings as long as they align with victim services programming.

If in-state travel expenses are not included in a program's budget, the program will need to request a budget revision to travel in state. The [budget revision form](#) needs to be completed prior to incurring expenses. The budget revision request form is to be uploaded into iowagrants.gov via the correspondence section and can also be emailed to the program's primary CVAD contact.

CVAD mandatory trainings, workshops, meetings or conferences and coalition meetings are allowable travel expenses and should be considered when completing program budgets especially if CVAD funds are to pay for those expenses.

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Registration fees

Registration fees are allowable expenses.

Registration fees for a conference or training may be paid by the individual, or by the agency. A paid receipt must be furnished for reimbursement, if applicable. If no receipt is available, a printed copy of the registration form or electronic registration acknowledgement, matched with a copy of the canceled check (front and back) or credit card receipt with appropriate information on the credit card statement, will be accepted.

A copy of the registration form and the agenda, including information about any meal(s) provided, must be attached to the [Out-of-State Travel and In-State Travel Form](#) when applicable

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Mileage

Staff may request mileage reimbursement through either the [Staff Mileage Payment Form](#) or the [Out-State Travel and In-State Travel Form](#) .

The [Staff Mileage Payment Form](#) is an appropriate form to use for grant staff who travel on a regular basis. Staff complete this form when requesting reimbursement for mileage only.

Other travel expenses, should be submitted on the [Out-of-State Travel and In-State Travel Form](#).

CVAD will reimburse mileage at the state rate in effect when the travel was taken. CVAD will notify agencies if the state rate changes; however, this change is not retroactive and would only affect future travel.

Agencies may lease vehicles; however, CVAD will only reimburse mileage for allowable grant activities. No expenses related to the cost of leasing vehicles will be reimbursed. Travel must be tracked on the appropriate forms and can be reimbursed at the state rate.

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Vehicle Expenses

CVAD will not reimburse for gas, maintenance, insurance or other expenses associated with an agency or employee owned or leased vehicle. CVAD can reimburse mileage for agency or employee owned vehicles as long as the expenses are for allowable grant activities. CVAD will pay the state rate in effect at the time of travel. Employees are to complete the [Staff Mileage Payment Form](#) or [Out-of-State Travel and In-State Travel Form](#) for mileage reimbursement. An agency owned or leased vehicle must complete the [Vehicle Mileage Form](#). These forms will be submitted with claim reimbursement as required by the risk designation.

If a subrecipient chooses to rent a vehicle, CVAD will reimburse the lesser of rental car fees and costs of gas, or mileage at the current state rate. Receipts for gas must be included with the expense reimbursement claim form, as required by the risk designation.

Example:

Event-Conference attendance.

Rent a vehicle for \$100/day + \$50 gas = \$150

Round trip mileage-200 miles. Mileage reimbursement would have been $200 \times .39/\text{mile} = \78 .

The program would only be eligible for \$78 in reimbursement costs, as the rental car is not more cost effective.

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Meal Reimbursement

All meals being claimed for reimbursement must have:

- an itemized receipt
- show the location of the meal (city/state)
- name of the restaurant
- date and time of meal.

Employees should complete a [Meal Reimbursement Form](#) that reflects actual meal receipt amounts before scanning, in order to have it correspond with your travel forms.

A charge card receipt that does not show the itemized food, drink and tax will not be accepted.

If an itemized receipt does not have the name or location of the restaurant, the traveler completing the [Out-of-State Travel and In-State Travel Form](#) must write on the receipt the name of the restaurant, location (city and state), date and time of meal and then sign (not initial) the itemized receipt.

If the copy of the itemized receipt is unreadable, the meal expense will be removed from the claim.

Tips are allowable with state and federal funds. Tips are allowable for no more than 15% of the food bill, up to the maximum allowed for reimbursement. The tip is to be calculated on the sub-total of eligible food and drink before the tax has been applied.

Staff will be reimbursed for meals only if they incur an overnight stay while performing their job duties.

- If meals are included in conferences fees or registration fees those expenses will be not reimbursed.

Please note in-service training for staff and volunteers do not count for reimbursement.

Breakfast will only be reimbursed if the traveler departs before 6:00 a.m. on the date of travel. Dinner will only be reimbursed if the traveler returns after 7:00 pm. To obtain updated meal reimbursement rates for

in-state travel go to the [Iowa Department of Administrative Services](#) website.

No alcohol expenses will be reimbursed.

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Lodging

Subrecipients will receive reimbursement for the actual costs of reasonable lodging accommodations, plus tax, not to exceed the [out of state city levels](#). Lodging receipts must show a zero balance. In addition, the lodging receipts/invoices must show the itemized expenses for each night of the travelers stay.

Subrecipients will not be reimbursed for lodging or other items outlined on the [Out-of-State Travel and In-State Travel Form](#) unless these items are associated with:

- Attendance at the Statewide Coalition meetings as long as your home is not in the county hosting the meeting,
- Overnight travel, and/or
- Attendance at a full or multi-day conference or training.

Exceptions to these rules must be approved in advance by CVAD.

CVAD will not reimburse lodging expenses for conferences or training held within your agency's county.

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Other Miscellaneous Expenses

Original receipts must be attached to the [Out-of-State Travel and In-State Travel Form](#) to receive reimbursement for other miscellaneous expenses, if applicable. Certain miscellaneous expenses are allowable such as airfare, parking, bus, cab, shuttle, luggage fee, registration and tolls.

Other miscellaneous items may be reimbursed if the CVAD deem them to be reasonable and appropriate, with adequate documentation.

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Out of State Travel

All out-of-state travel **must be pre-approved** by CVAD.

Out of State Travel: Subrecipients must submit an [out of state](#) travel request form to CVAD for out of state travel IF out of state travel is not included in the original budget; OR out of state travel is included in the original budget, but details about the travel are not provided.

Detailed out of state travel in an approved budget means both the budget and the budget justification provide the name of the conference, training or meeting, known or estimated dates of travel, known or estimated costs for lodging, airfare, meals and registration and other costs necessary to travel.

Subrecipients must also request a budget revision if they did not include out of state travel in the original budget. Budgets with TBD or to be determined in the out of state travel category do not have to request a budget revision unless the amount originally budgeted is insufficient.

All subrecipients must use the state designated out-of-state meal rates, as summarized on the [Iowa Department of Administrative Services \(DAS\) website](#). Each city has a level and a meal reimbursement amount associated with it (1, 2, 3, 4). If a city is not listed, the level 1 tier should be used.

The requirements outlined in [In-State Travel](#) must be adhered to for out-of-state travel. The only exception is the meal rate changes for out-of-state travel.

State of Iowa Travel Rules

All CVAD subrecipients are required to abide by the travel rules of the [Iowa Department of Administrative Services](#) unless specifically noted in other sections of the grants manual. These rules were summarized in earlier sections of this chapter. However, for more specific information on the topics, Programs may read the following information:

[Travel Policy and Procedure](#)

[In-State Travel Reimbursement Summary](#)

[Meal Receipt FAQs](#)

[Hotel, Motel and B&B Guide](#)

